

**TRAINING REPORT ON UTC 1 & 2 ORGANISED BY
FOUNDATION FOR CHANGING LIVES AGAINST
SUBSTANCE ABUSE, DATED 14th-19th November, 2022
AT OSOGBO, OSUN STATE, NIGERIA.**

**Report prepared by Dr. Chia Francis
(ICAP II).**



Participants for UTC 1 & 2 posed for a group photograph at Osogbo Osun state-Nigeria.

Summary

The training on Universal Treatment Curriculum 1 & 2 organized by Foundation for Changing Lives Against Substance Abuse (FOCLASA) took place between 14th - 19th November, 2022 at Osogbo, Osun State, Nigeria. Twenty-seven (27) people registered and started the training on the first day but due to the strict rules applied for successful participation and completion of the course 1 & 2, the training ended up with twenty-two people who successfully completed the course. The training was facilitated by Dr. Chia Francis (ICAP II) who is a UTC national trainer in Nigeria. The trainer strictly used the UTC 1 & 2 materials developed by the Colombo-Plan to deliver the training program. Average result scores from the pre-test and post-test on each of the curriculum showed a great improvement in knowledge among the participants in both UTC 1 & 2.

Introduction

Foundation for Changing Lives Against Substance Abuse in cognizance of the prevailing challenges of drug abuse in Nigeria as documented by the UNODC Report of the first-ever national survey in Nigeria on drug use released January, 2019 has put up this program to address especially the challenge of low addiction workforce in the country. This program was seen as a welcome development by practitioners in drug addiction field in Osun state as they raised their concern of practicing but with limited knowledge. Furthermore, the knowledge at hand is narrowly evidence-based. At the end of the training program, the training provider entered into a general discussion session with the participants and one take-home common to all the participants was that the program has updated and expanded their knowledge in the field of addiction science. In view of this, all the participants requested that the education provider should not delay in announcing the next training course i.e UTC 3 & 4. In quick response to this request, both the education provider and the participants further discussed and reached an agreement that the

next training course should commence in the last week of January, 2023 at the same venue in the capital city of Osogbo.

Pre and post test score for UTC 1

S/N	NAME	PRE-TEST SCORE	POST- TEST SCORE
1	Prof. Egunranti Benjamin Adekunle	Score ++	Score++++
2	Dr. Ofoha-Godwin Yetunde	Score++	Score++++
3	Ogunbiyi Yomade	Score++	Score++++
4	Mrs. Abhadore Justina Omozele	Score++	Score++++
5	Dr. Omonijo Oluwatosin Funmilayo.	Score++	Score++++
6	Dr. Ajayi Adeola Olajumoke	Score++	Score++++
7	Dr. Ibrahim kolawole Abdullahi	Score++	Score++++
8	Uchegbuonu Ifeanyi Chizurum	Score++	Score++++
9	Fagbola Segun Godwin	Score++	Score++++
10	Beresford Roseline Cole	Score++	Score++++
11	Adetoro Odunola Ajibola	Score++	Score++++
12	Oyebode Comfort Iyabo	Score++	Score++++
13	Asade Yemisi Racheal	Score++	Score++++
14	Adebayo Toyin	Score++	Score++++
15	Anazodo Chikaenele Gloria	Score++	Score++++
16	Efosa Charles Odigie	Score++	Score++++
17	Olaniyi Nurenu Oyekunle	Score++	Score++++
18	Gbadamosi Mercy	Score++	Score++++
19	Akintobi Habibat Olamide	Score++	Score++++
20	Tajudeen Mustapha	Score++	Score++++
21	Onisile Deborah	Score++	Score++++
22	Adegoke Catherine Toyin	Score++	Score++++
	Total average	54.5	75.7

Pre and post test score for UTC 2

S/N	NAME	PRE-TEST SCORE	POST- TEST SCORE
1	Prof. Egunranti Benjamin Adekunle	Score ++	Score++++
2	Dr. Ofoha-Godwin Yetunde	Score++	Score++++
3	Ogunbiyi Yomade	Score++	Score++++
4	Mrs. Abhadore Justina Omozele	Score++	Score++++
5	Dr. Omonijo Rosin Funmilayo.	Score++	Score++++
6	Dr. Ajayi Adeola Olajumoke	Score++	Score++++
7	Dr. Ibrahim kolawole Abdullahi	Score++	Score++++
8	Uchegbuonu Ifeanyi Chizurum	Score++	Score++++
9	Fagbola Segun Godwin	Score++	Score++++
10	Beresford Roseline Cole	Score++	Score++++
11	Adetoro Odunola Ajibola	Score++	Score++++
12	Oyebode Comfort Iyabo	Score++	Score++++
13	Asade Yemisi Racheal	Score++	Score++++
14	Adebayo Toyin	Score++	Score++++
15	Anazodo Chikaenele Gloria	Score++	Score++++
16	Efosa Charles Odigie	Score++	Score++++
17	Olaniyi Nurenu Oyekunle	Score++	Score++++
18	Gbadamosi Mercy	Score++	Score++++
19	Akintobi Habibat Olamide	Score++	Score++++
20	Tajudeen Mustapha	Score++	Score++++
21	Onisile Deborah	Score++	Score++++
22	Adegoke Catherine Toyin	Score++	Score++++
	Total average	46.8	81.5



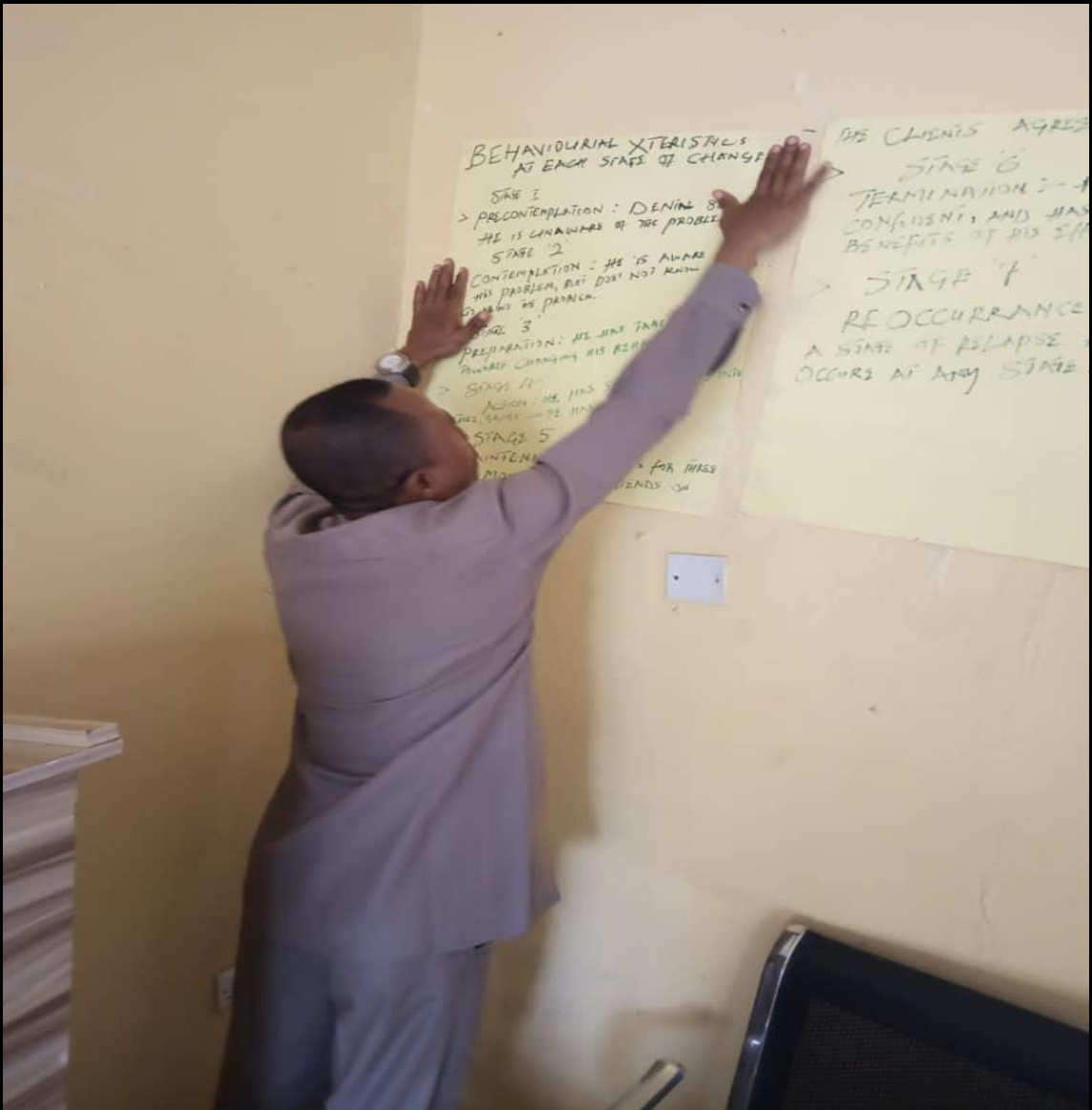
Training certificates



Group work during training session



Group work presentation during training session



BEHAVIOURAL CHARACTERISTICS AT EACH STAGE OF CHANGE

- STAGE 1
> PRECONTEMPLATION: DENIAL BY THE CLIENT
HE IS UNAWARE OF THE PROBLEM
- STAGE 2
CONTEMPLATION: HE IS AWARE OF HIS PROBLEM, BUT DOES NOT KNOW WHAT TO DO ABOUT IT
- STAGE 3
PREPARATION: HE HAS TAKEN SOME STEPS TO PREPARE HIMSELF FOR CHANGING HIS BEHAVIOUR
- STAGE 4
ACTION: HE HAS TAKEN ACTION TO CHANGE HIS BEHAVIOUR
- STAGE 5
MAINTENANCE: HE HAS MAINTAINED HIS NEW BEHAVIOUR FOR AT LEAST SIX MONTHS

THE CLIENTS AGRES

- STAGE 6
TERMINATION: THE CLIENT IS CONFIDENT AND HAS FULLY ENJOYED THE BENEFITS OF HIS NEW BEHAVIOUR
- STAGE 7
REOCURRENCE: A STATE OF RELAPSE OCCURS AT ANY STAGE

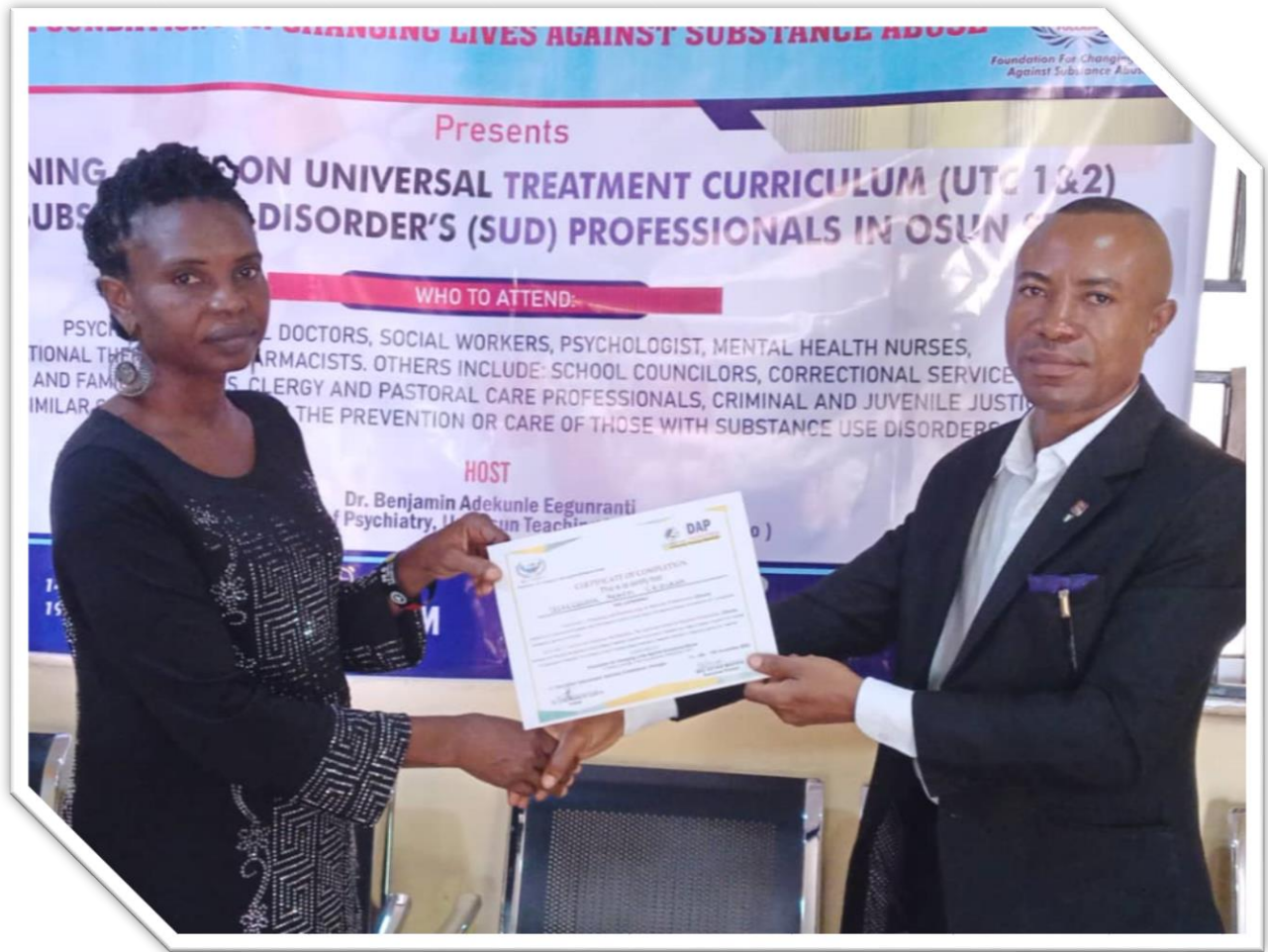


Prof. Egunranti Benjamin Adekunle addressing the participants during the closing ceremony.

ISSUANCE OF CERTIFICATES TO PARTICIPANTS BY THE EXECUTIVE DIRECTOR, FOUNDATION FOR CHANGING LIVES AGAINST SUBSTANCE ABUSE









A participant receiving certificate from the Executive Director, Foundation for changing lives against substance abuse

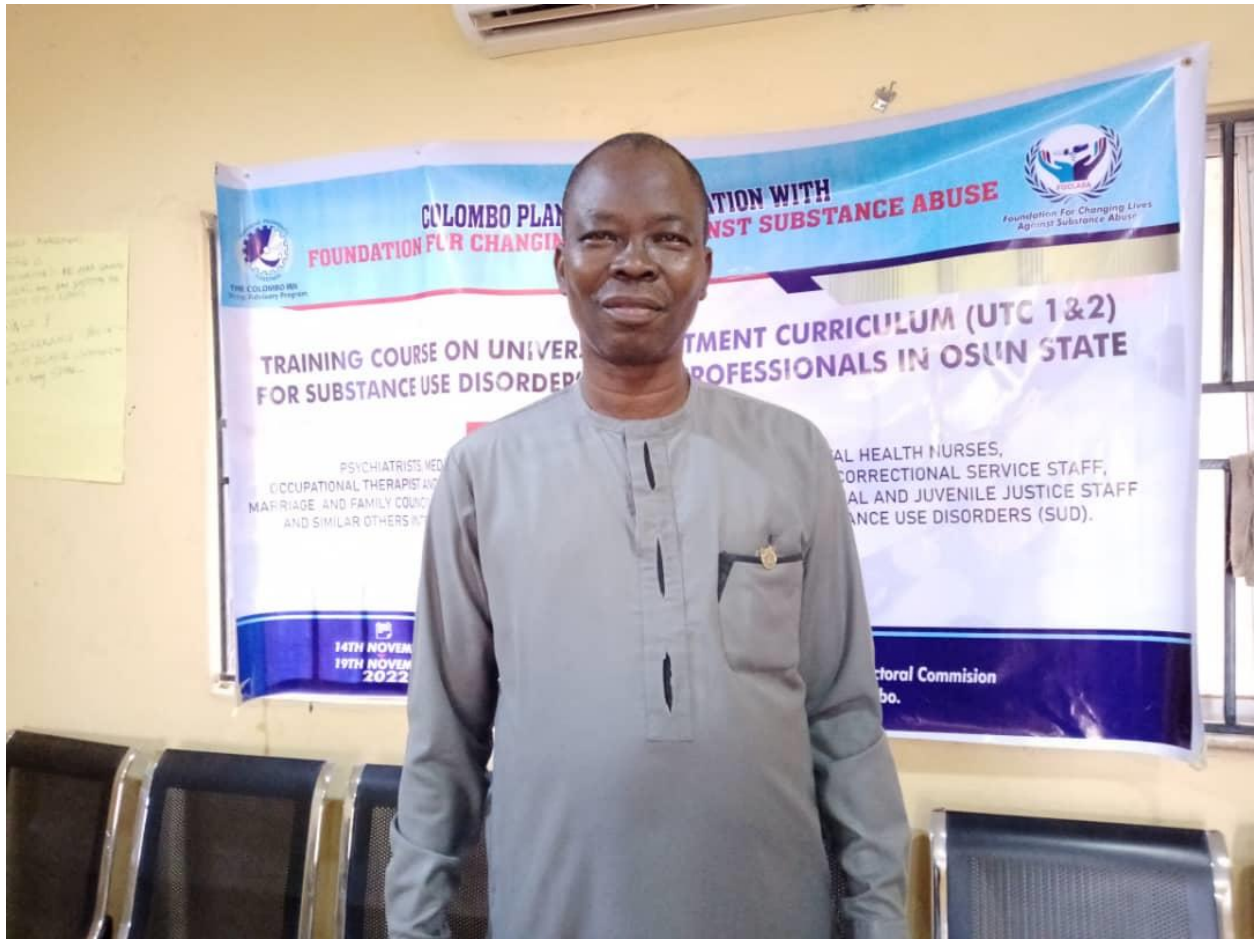






Prof. Eegunranti Benjamin Adekunle and other Psychiatrists celebrating at the end of the course with a display of their certificates

FEEDBACK FROM SELECTED PARTICIPANTS AFTER THE TRAINING



The training was a fantastic program. Participating in the training made me realize that I should have done the training earlier than this time. Anyway, better late than never as the saying goes. The training has changed my orientation in the area of management of substance use disorders. I cannot wait to participate in course 3&4. I appreciate sincerely our facilitators- **Prof. Egunranti Benjamin Adekunle**



I really enjoyed the class activities. It helped me to have a broader knowledge of each section of the curriculum. This experience of mine has opened my understanding that treatment has to be evidence-based. In fact, it has really been a wonderful time spent together and am eagerly looking towards next training of UTC 3 &4- **Dr. Ofoha-Godwin Yetunde**



Every aspect of the training was fantastic. All the participants contributed in one way or the other. The facilitators were very patient and took time to explain the courses. This training will definitely help me in my career as a psychiatrist and I am ready to participate in further trainings in the UTC curriculum- **Dr. Ajayi Adeola Olajumoke.**