

Training on UTC 06 & 07

Case Management for Addiction Professionals
Crisis Intervention for Addiction Professionals



Training Report

Prepared by – S. A. Suchinthana Dasun (ICAP I)

Executive Summary

Education and Training Unit of the National Dangerous Drugs Control Board (NDDCB) organized and conducted training on “UTC 06- Case Management for Addiction Professionals and UTC 07- Crisis Intervention for Addiction Professionals” for 28 staff members of the NDDCB which was held on 17th – 19th December 2019 at NDDCB Auditorium. The training was entirely followed the international curriculum UTC 06 and UTC 07 which was developed for the U.S. Department of State Bureau of International Narcotics and Law Enforcement Affairs(INL) in collaboration with the Colombo Plan. The goals of the training were to expand the treatment capacity of NDDCB staff by providing an opportunity for participants to learn and practice principles, models and steps of Case Management and Crisis Intervention in their treatment settings.

The training was delivered by a panel of qualified trainers who obtained ICAP I credentials and 28 participants from different divisions of the NDDCB took part in the training. In order to deliver knowledge and skills, various learner-centered methods were used including small group exercises, large group exercises, reflective writing exercises, and role-plays. Pre and Post tests were conducted at the beginning and end of the programme to evaluate the acquisition of knowledge from the training. At the end of the training, every participant completed an online evaluation which provided an overall assessment of the training.

Comprehensive assessment of the training shows that participant has acquired the knowledge and skills provided through training and they evaluate the training as a successful effort which they can apply the knowledge in their real work settings

Introduction



Education and Training Unit of the NDDCB conducted a 3-day training for the staff with the aim of building NDDCB treatment capacity through training and professionalizing. The training provided the latest information about SUDs and their treatment and facilitating hands-on activities to develop skills and confidence in SUD counseling.

Training was held from 17th to 19th December 2019 at NDDCB auditorium. UTC 06- Case Management for Addiction Professional and UTC 07- Crisis Intervention for Addiction Professionals were covered in the training within three days.



Participants

29 staff members representing four divisions of the NDDCB (treatment, outreach, private and designated treatment centers and education) participated in the training

Training Goals

UTC 06

To provide an overview of basic principles, functions, and models of case management; and
To provide an opportunity for participants to apply information about case management to their own practices.

UTC 07

To provide an overview of the nature of crisis and specific principles and steps for crisis Intervention; and
To provide participants with an opportunity to examine their personal self-care and safety awareness and practices.

Panel of Trainers

Pradeep Koholanegedara ICAP /

Head of the Education and Training Division of the NDDCB

Suchinthana Dasun ICAP /

Chamara Pradeep ICAP /

Priyadarshani Rathnayake ICAP /

Supun Udana

Methodology



The whole training was based on international curriculum UTC 06- Case Management for Addiction Professionals and UTC 07- Crisis Intervention for Addiction Professionals which includes the following content.

UTC 06- Case Management for Addiction Professionals
Overview of Case Management
Models of Case Management
Steps of Case Management

UTC 07- Crisis Intervention for Addiction Professionals
What Causes a Crisis?
20 Guidelines for Crisis Management
Managing Suicide Risk
Avoiding Personal Crisis

Didactic presentation by the trainers and, collaborative exercises and learner-directed activities were used in delivering the content of the training. Training provided opportunities for participants to share their relevant experience and knowledge with others and to connect them with the course content.

Learning Approach

The learning approach for the training series included
Trainer-led presentations and discussions
Frequent use of creative learner-directed activities, such as small-group and partner to- partner interactions
Small-group exercises and presentations
Reflective writing exercises
Skills role-plays
Periodic reviews to enhance retention; and
Learning assessment exercises.

The Training Space

Training space was attractive, well-organized and large enough to accommodate all participants and small groups. The seating arrangement was small groups at round tables which saved significant time moving into and out of small groups for the exercises.

Colorful posters were created to add life to the training room. Soft music was played appropriately throughout the training programme.

Training Materials

Participant Manual

Hard copies of the UTC 06 and 07 Participants manuals were distributed among each member. The manual includes

Training goals and learning objectives for the module

A timeline

Resource pages containing additional information or exercise instructions and materials

A module summary



Equipments

Note books

Computer, multimedia projector, and screen.

Newsprint pads, and markers.

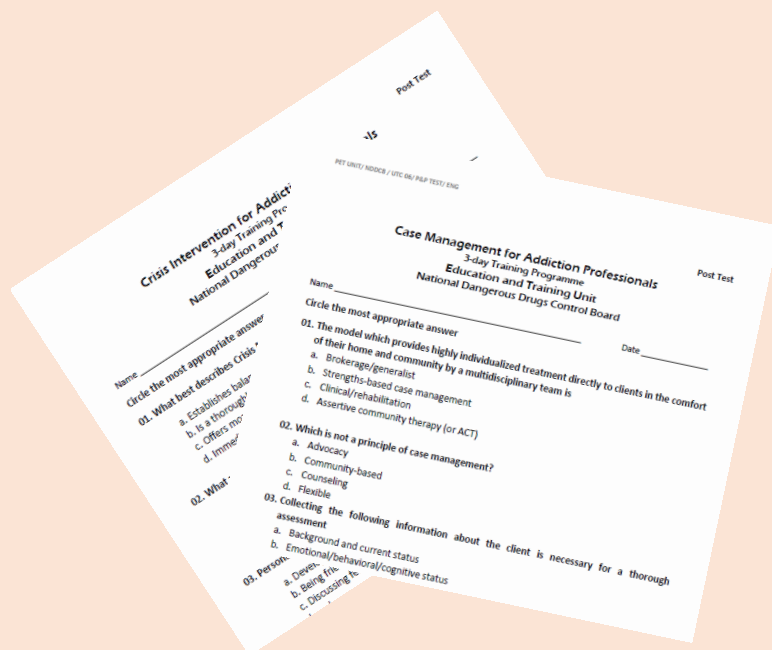
Evaluation forms

Pins, tape to post newsprint on walls.



Pre- Test and Post- Test

The pre and post-test were to evaluate the training programme in terms of knowledge improvement of the participants. 15 Identical questions were used for pre- and post-tests to compare scores before and after the training respectively.



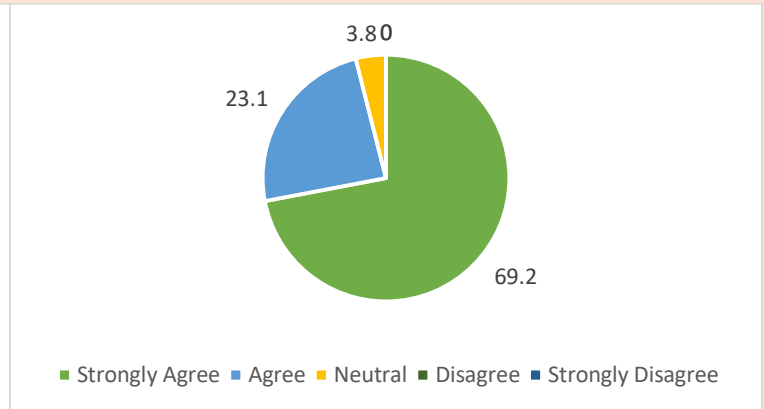
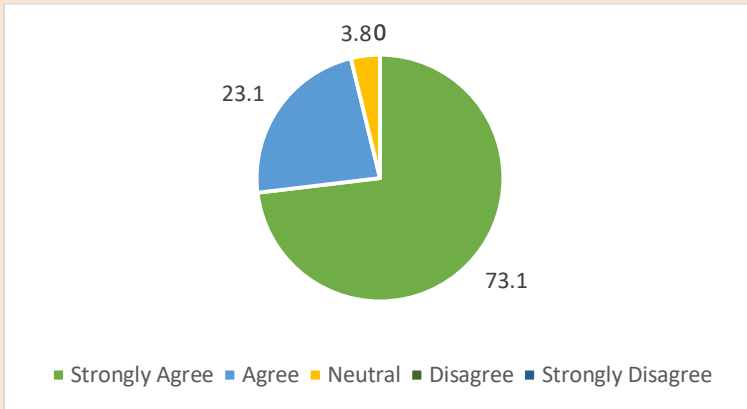
UTC 06- Online Evaluation of the Training

The online evaluation and pre/ post-test were conducted to assess the overall success of the training.

Result of the online evaluation of UTC 06 is as follows

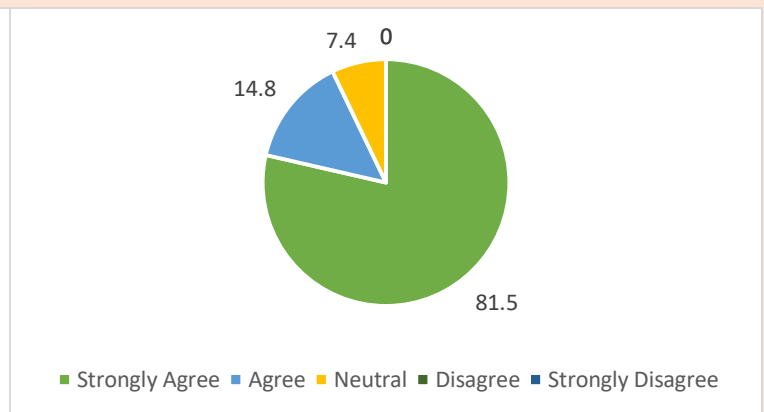
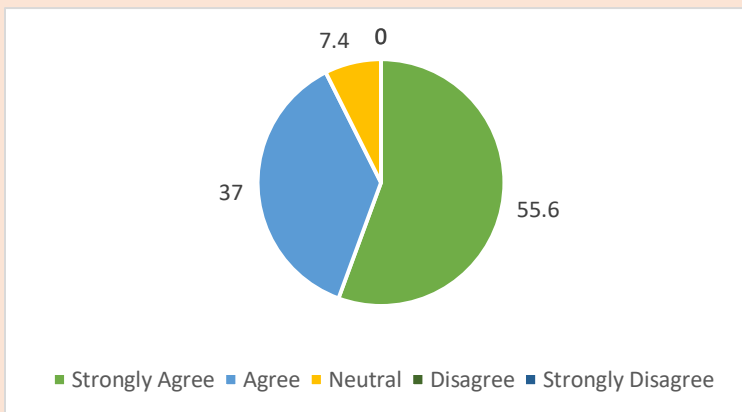
Skills and responsiveness of the lecturers were good

Course materials helped for better learning



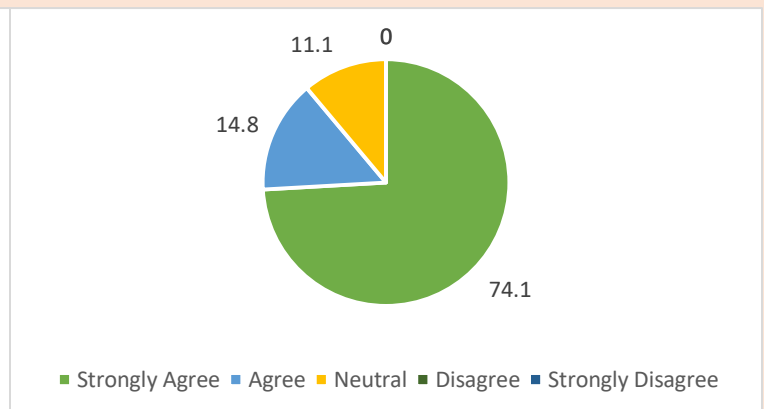
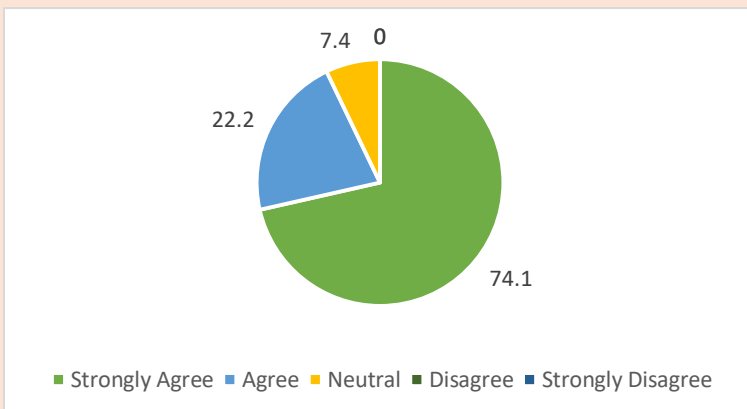
Course content - Learning objectives were clear

Course content was organized and well planned



Course content is applicable to my profession

Course organized to allow all participants to participate fully

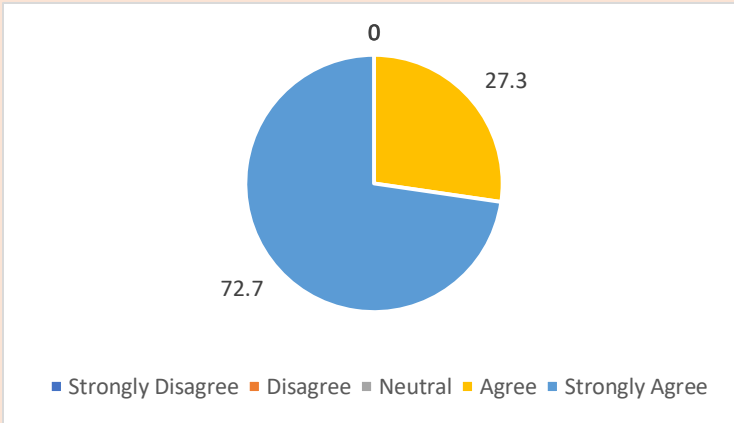


UTC 07- Online Evaluation of the Training

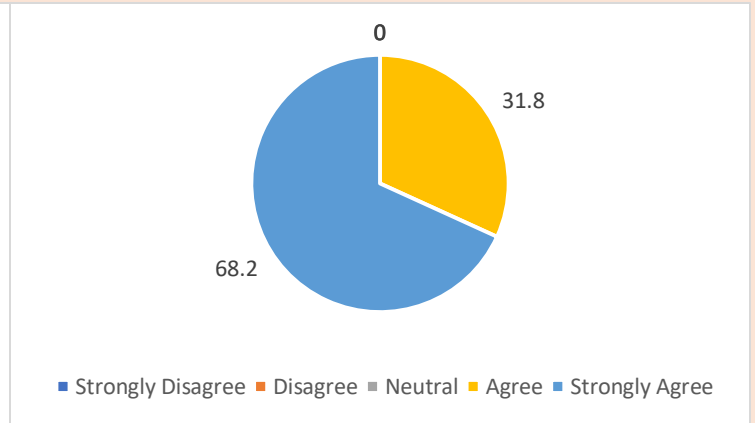
The online evaluation and pre/ post-test were conducted to assess the overall success of the training.

Result of the online evaluation of the UTC 07 is as follows

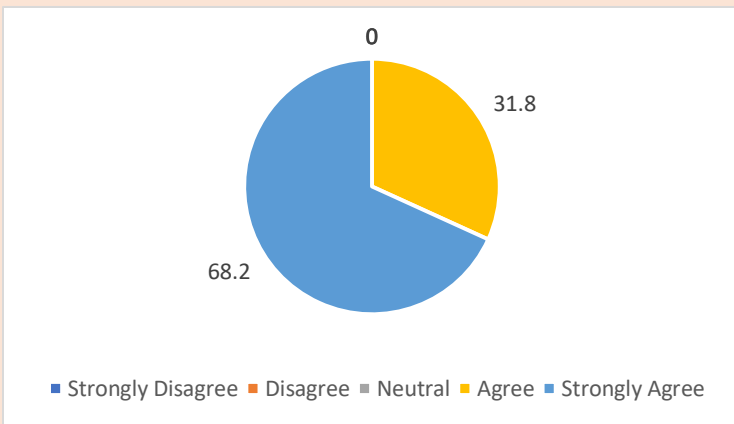
Skills and responsiveness of the lecturers were good



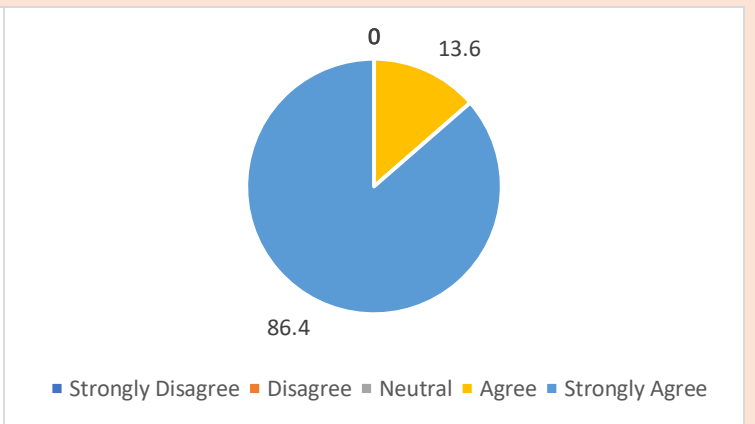
Course materials helped for better learning



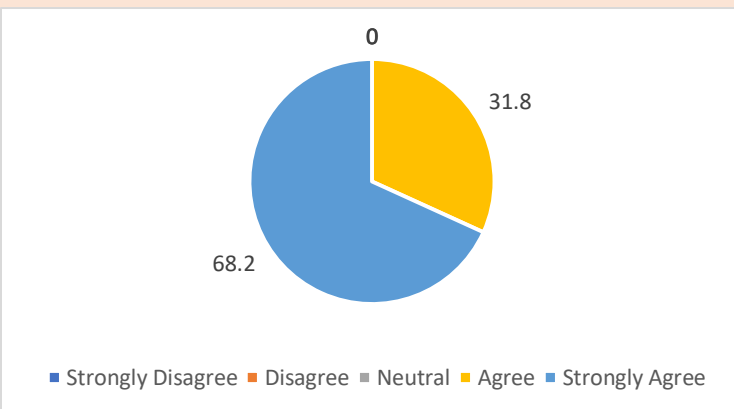
Course content - Learning objectives were clear



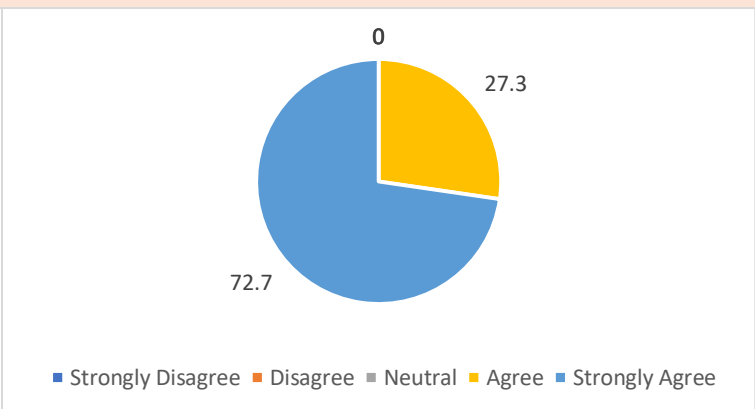
Course content was organized and well planned



Course content is applicable to my profession



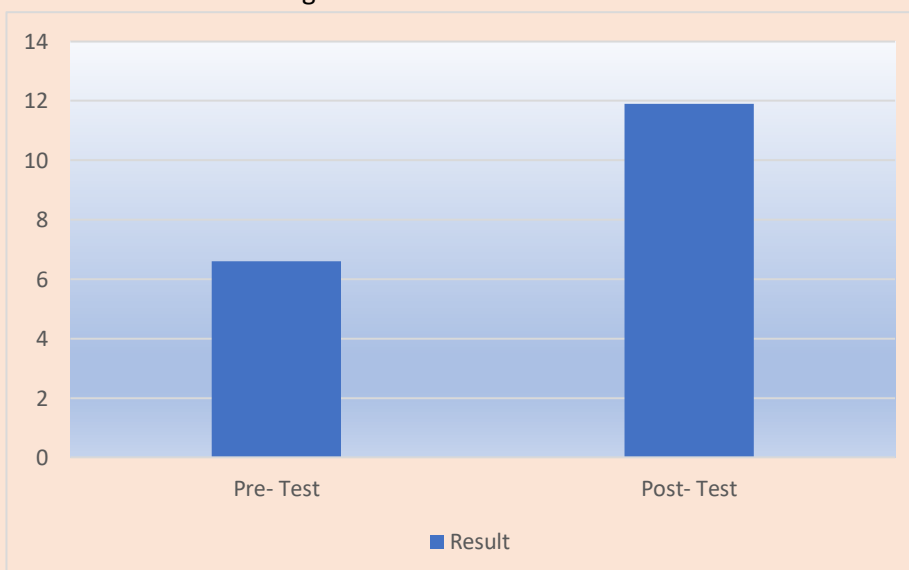
Course organized to allow all participants to participate fully



Pre and Post- Test Result- UTC 06

	Name of the Participants	Pre- Test Result	Post- Test Result
01	Wajira Kumari	07	13
02	R. A. Thushara Nilmini	11	11
03	Dilum Priyankara Wickramarachchi	07	08
04	Monika Amarasinghe	07	11
05	Buddhima Nuwangi	09	13
06	Dilini Madushani	07	12
07	Ajith Kumara	07	12
08	Buddi Erangika	08	10
09	J Siyamini Violet	04	11
10	C. I. K. Amarakoon	05	11
11	P. B. Herath	04	11
12	Asitha Ranasinghe	08	10
13	Iresha Indeewari	04	12
14	Nisansala Lakmali	09	13
15	K. Pabasara	09	13
16	Diluka Gimhana	10	13
17	Yuni Perera	09	14
18	D. A. Sachini Bandaramenike	06	13
19	Nuwan Thisera	06	13
20	Dinesh Chathuranga	06	11
21	Harshani Ariyaratne	05	11
22	K. H. Dilhara Waragoda	07	13
23	Sahangi Alwis	04	12
24	W. M. T. Y. Wijekoon	03	07
25	L. A. C. Wijerathna Yapa	07	15
26	M. M. D. Wikramage	06	15
27	Chanika Abeysinghe	04	12
28	Iresha Sandamali	08	14

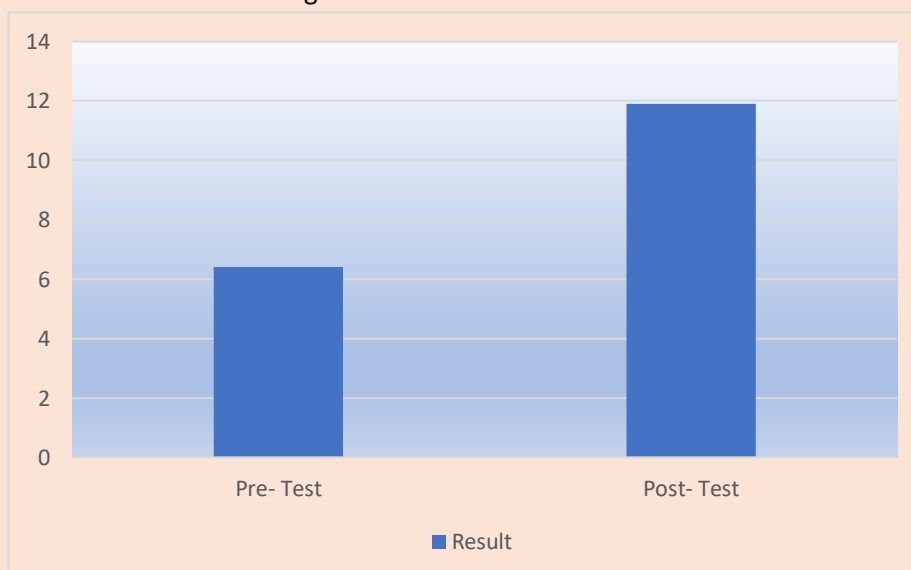
Average Pre-test and Post- test scores



Pre and Post- Test Result- UTC 07

	Name of the Participants	Pre- Test Result	Post- Test Result
01	Wajira Kumari	06	12
02	R. A. Thushara Nilmini	09	10
03	Dilum Priyankara Wickramarachchi	06	12
04	Monika Amarasinghe	04	08
05	Buddhima Nuwangi	08	12
06	Dilini Madushani	05	12
07	Ajith Kumara	05	11
08	Buddi Erangika	06	12
09	J Siyamini Violet	03	07
10	C. I. K. Amarakoon	02	09
11	P. B. Herath	07	09
12	Asitha Ranasinghe	07	09
13	Iresha Indeewari	06	12
14	Nisansala Lakmali	08	10
15	K. Pabasara	07	12
16	Diluka Gimhana	10	11
17	Yuni Perera	09	13
18	D. A. Sachini Bandaramenike	10	10
19	Nuwan Thisera	06	13
20	Dinesh Chathuranga	04	Ab
21	Harshani Ariyaratne	07	11
22	K. H. Dilhara Waragoda	10	13
23	Sahangi Alwis	08	12
24	W. M. T. Y. Wijekoon	03	13
25	L. A. C. Wijerathna Yapa	07	12
26	M. M. D. Wikramage	09	13
27	Chanika Abeysinghe	03	13
28	Iresha Sandamali	05	13

Average Pre-test and Post- test scores



Participant Feedback

The training was a well-planned and organized programme. Time management, programme coordination and practical sessions were very much fruitful in terms of the knowledge acquisition of the participants. Teamwork of the trainers and the leader's role is very supportive throughout the training. Course content of the training is delivered in a practical manner and well targeted to the audience. As an overall assessment of the training I can say that was an excellent experience and kindly request to provide this opportunity to other staff members who are yet to receive this valuable training. Thank you very much.

Wajira Kumari



This was a great experience I had in my life to gain such kind of valuable knowledge from well trained, experienced professionals. The trainers were amazing, I was able to get wide and global knowledge on crisis management, managing a suicide as well as case management. This was a programme which supported us to get theoretical as well as practical knowledge on every aspects. I need to highlight the how organized trainers were in providing us updated knowledge. . I extend my sincere gratitude to Mr. Pradeep Koholanegedara and other trainers of the education unit for sharing their global level knowledge and expertise with us.

Chanishya Amarakoon

For the 6 years of service in the NDDCB this is the first time I experienced such a successful training programme. Seating arrangement, grouping of participants, delivering of lectures, activities, reading materials and even food and refreshments were well planned and very much attractive. The way trainers elaborate the subject knowledge and linked in to practical work setting was very wise. Flow of the training was smooth and participants were curious about the next thing coming in the content. I request from the trainers to organize this training and other training curriculums for other staff members as soon as possible.

Mahesh Wickramage



I really appreciate the trainer's excellent effort to deliver the training in a simple and clear manner to participants. It was very much helpful those effective methods used by trainers such as group exercises, role plays and examples given when explaining the content. We were able to gain knowledge and skills about case management and crisis intervention which need in engaging with clients in our real work settings. I thank for the opportunity given to participate in this training and wish best of luck to the trainers in their future endeavors.

Harshani Ariyaratne

Conclusion

The training was organized as the 2nd phase of PET Career Development Training series and major focus of the training was treatment staff of the NDDCB including Treatment unit, Outreach Unit and Designated and Private Treatment Unit.

Analysis of overall evaluation and pre/ post-test evaluation indicate positive feedback from the participants. The average score of the pre-test of the both UTC 06 and UTC 07 was around the score of 6 and at the end of the training post-test average score has increased to score of 12 In the overall evaluation course content, lecturer skills, learning materials, and classroom environment have rated high by most of the participants.

When looking at the suggestion for the next training 36% request the UTC 01- Physiology and Pharmacology for Addiction Professionals and 27% request the UTC 02- Treatment for Substance Use Disorders.

We extend our sincere gratitude to all the NDDCB personel and participants who supported us in organizing and conducting the training.

We are most grateful to the Colombo Plan and the U.S. Department of State for the TOT programme delivered and credentialing of trainers.

Photos of the Training

Opening Ceremony



Training Memories





Certificate Awarding Ceremony





End of the Report