

# Case study

Afghanistan

# Case Study

- ⊗ Sex: Male
- ⊗ Age: 14 Y
- ⊗ Country: Afghanistan
- ⊗ Center: 40 beds Child and adolescents treatment center  
Kabul

# History

- ⊗ During childhood, he was separated from his biological mother and grow up with his stepmother. According to the history when he grow up he was beating his little brothers and sisters and was aggressive. He was also having conflict with his step mother and not respectful to his father.
- ⊗ Later he started selling plastic bags on street markets and he get to know other people or make friends and turned to selling drugs and finally he himself started using drugs
- ⊗ His older brother who come from his job in other city get to know that he is using drugs and advised him to quit the drug and back to his normal life but the child not stopped using drug. the elder brother locked him in home but the child managed to escape and not returned back home.

# History cont.

- ❁ One day outreach team went to a hotspot in Kabul named “CHAMAN HOUZURI” found this child over there, and brought him to the hospital.
- ❁ According to the history he was 10 years old when he started using drugs and he used to use cigarette, snuff, opium, heroin, cannabis, Shisha, Alcohol and Tablet-K
- ❁ The client was aggressive and he was aggressive toward adults in the center, after gathering information the center found his family phone number and contacted the family to visit the treatment center.
- ❁ The family visited the center but the child was not respectful and aggressive toward his family, the family said Okay he is not our family member anymore and left the treatment center. Even the client behavior was not good with staff of the treatment center.

# History Cont.

In summary

- ⊗ The child never went to school
- ⊗ The child attachment was not secure
- ⊗ The child has history of sexual abuse
- ⊗ The child used different drugs such as cigarette, snuff, opium, heroin, cannabis, Shisha, Alcohol and Tablet-K
- ⊗ Child was aggressive and behavior was not good with treatment staff

# History cont.

- ⊗ After being in treatment center for 6 months and application of psychosocial protocol and MI techniques, the child behaviors has changed and client wanted to talk to his family. Again his family visited the treatment center and was very happy when they saw behavior changes in their child.
- ⊗ The child decided that he will not use drugs anymore and will not sell drugs.
- ⊗ The child not has any interest in education but with the support of family he started job as self employment and now both the child and family are happy.

# Discussion

- ⊗ Any idea or comments on case
- ⊗ Have you had faced with any client like this
- ⊗ Using depressants and stimulants like heroin and meth is becoming a common trend in many clients



Thank you